Sample newsletter: names, places and quotes below are made up for illustration.



Farmers' market returns April 6 with 40 local growers

RALEIGH, N.C. — Forget the grocery store aisle. On April 6, the best of North Carolina's farms will be sitting on tables, still dusty from the field, and the people who grew it will be handing it to you.

The farmers market runs from 10 a.m. to 3 p.m. at Heron Meadow Park, bringing growers, bakers and makers together for a day built around one idea: Food tastes better when you know where it came from.

What to expect

Shoppers can browse baskets of just-picked greens, early strawberries, spring onions and other seasonal produce from 40 farms within 100 miles of the park. Look for wildflower honey, sourdough still warm from the oven and hand-tied flower bunches, too.

> *"People tell us they didn't know a strawberry could taste like that. It's because it was picked yesterday."*
> Maria Santos, owner of Santos Family Farm in Lakewood

Most vendors take cash and cards. Bring a sturdy bag; the market recommends arriving before noon for the best selection.

Meet Heritage Harvest



Heritage Harvest, a family-run orchard in Johnston County, has sold apples and cider at the market for 12 years. This year, owner Tom Reyes is bringing heirloom apple varieties that rarely reach store shelves, along with free samples all day.

Want to sell? Become a vendor

Growers and makers can apply to join the market by March 1. Spots are limited, and priority goes to North Carolina-grown products.

Apply at example.com/vendors

Questions? Email vendors@example.com.

If you go

What:	Farmers market
When:	April 6, 10 a.m. to 3 p.m.
Where:	Heron Meadow Park, 123 Sample St., Raleigh
Cost:	Free
Info:	919-555-0142 or example.com/market

***Sample content for layout and AP style only ***